



Nova Scotia Provincial Council
Catholic Women's League of Canada
Christian Family Life Communique #6
Care for Our Common Home

To: Laurena Greencorn and Dina Sampson

From: Linda Howell

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Copied: Antigonish Diocesan President, Janice MacDougall, Halifax-Yarmouth Diocesan President, Janet Terrio, Nova Scotia Provincial Executive (for information), National Christian Family Life Chairperson, Pat Deppiesse (for information)

Greetings sisters in the League,

With COVID-19 raging once again there is increasing stress on families. The approaching holidays add to this stress with fears of not being able to gather for family functions, visit loved ones in long term care homes and the limited church services.

We must encourage our families and friends to stay home as much as possible and have minimal contact with others. However if you know someone who may be alone for Christmas perhaps you can phone them or drop of a Christmas card.

Here is a quote from Pope Francis published in November; *“Today in difficult circumstances of a Christmas still overshadowed by the pandemic, we are proposing that young people post on social media a memory, a piece of advice, or a “gift of wisdom” they received from one of the elderly people whom they have formed a bond in recent months.”*

In a message of the Executive Committee of the Canadian Conference of Catholic Bishops Pope Francis had the following to say; *“Today I wish to tell you that the elderly are also the present and the future of the Church. Yes, they are also the future of a Church that, together with the young, prophesies and dreams! This is why it is so important that those advanced in years and the young speak to each other.”*

We must continue to be kind to one another, be patient with one another as we continue the journey through this pandemic. Reach out to neighbours who may need a friendly voice.

MAY THERE BE PEACE IN YOUR HOME, IN YOUR HEART AND IN THE WORLD DURING THIS CHRISTMAS SEASON.

Linda